



# Living my Life

## Housing Demonstration Project



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# **Project aim**

**“Creating a pathway to housing for people with intellectual disabilities!”**







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# **Collaboration**

**Project Partnership  
between Ability West and  
the Brothers of Charity  
West of Ireland.**



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# **Our Promise**

**To support THIRTY-TWO individuals over the next FIVE years to find housing solutions & prepare them for supported independent living.**



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# **Funding**

**5-year multi-annual funding secured for project.**



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**Proactive Carers  
Galway**

## Supported

Supported by the Proactive Carers Galway – their long standing goal to develop a Rights-Based approach to housing, supporting person-centred supports, community inclusion and enablement.

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# Priority Action

This Project has been identified as a Priority Action in the HSE National Service Plan 2022 - 2027 following the publication of the Disability Capacity Review to 2032.



## National Service Plan 2022



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**LEGISLATION**

## Legislation

Underpinned by the UN Convention on the Rights of Persons with Disabilities (UNCRPD) and the Assisted Decision Making (Capacity) Act 2015.



CPD, Research and Training Opportunities

Unique Role

Clinical support and supervision from SLT Manager and part of both Living My Life and SLT Team

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# The Role of the Speech and Language Therapist

- 50% of the SLT role in Ability West will be dedicated to the Living My Life project team.
- The successful candidate will collaborate with people, their families and carers, alongside the Living My Life Team. The SLT will ensure person-centred practice through:
- Using communication expertise and strategies and working together with people, partners and environments, to support communication for greater quality of life, choices, participation and independence.
- Promoting accessible and inclusive communication environments for all people availing of the Living My Life Team.
- Enabling optimal support so people can eat and drink as safely and enjoyably as possible.



# Role of the Speech and Language Therapist

This is a unique opportunity to be part of the evolving role of SLT supporting adults who use intellectual disability services.

**The SLT will use their expertise in communication, FEDS and their professional and clinical skills in the role in order to:**

- Create opportunities and support individuals in working towards their person-centred goals and building their competencies in relation to independent living skills.
- Support the person and the team to find socially valued roles within their community.
- Work with the Living My Life Project team in carrying out agreed skill building programmes with individuals as per their person-centred support plans and transition plans to prepare them for moving into and sustaining their independence in their forever home.
- Empower, encourage, and enable them to exercise their will, preference, and choice.
- Ensure their voice and choice is central to the decisions in their life.
- Support them to achieving a good life by developing new ideas and opportunities, and ways of working together in order to maximise their wellbeing and personal dignity.
- Assist individuals to support their move to supported independent living arrangements.
- Engage in clear, calm and effective communication with individuals in developing positive working relationships and working at the pace of the individual.



# Thank You

**For more information**

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